

On the "To-Do" List

- Book your calendars for the next iteration of our PRES lecture series! Join Alexi Orchard in a discussion about "Embedding Ethics and Empathy into the Engineering Curriculum" on Friday, Feb. 26, 2021.
When: Friday, Feb. 26, 2021, 2021 from 2:00 to 3:00 PM
Where: [Webex Events](#) | Event#: 1805205444 | Password: preslecture
- Register now to attend UW's celebration of the [International Women's Day](#). There will be a variety of speakers discussing the role of diversity and equity in paradigm shifts in science, technology, entrepreneurship, and social change.
- Teaching this term? The Instructor Resources for Student Success is now available on LEARN. This space connects instructors with resources to import into their Learn courses to support students, and includes videos, workshops, and other resources from various academic support units at the University of Waterloo. Instructors can self-register, but you can watch [this video](#) to learn more about what is available.
- Join us on the SAGE discord channel! Get updates easily, talk to others in the program, and speak with the executive team directly: discord.gg/mUdPxJ64SG

Important Announcements

- Beware of ongoing [phishing scams](#). There have been recent attempts to impersonate Prof. John Savarese, if you receive email with requests for help with something vague but urgent, make sure to double check sender information and/or double-check your suspicions with other students.
- Review and enhance your course design by registering to CTE's workshop: "[Learning from Our Remote Teaching Experiences](#)." The workshop takes place on Tuesday, Feb. 23, 2021 - 1:00 to 2:30PM.

Scholarships & Professionalization - Upcoming Events, Opportunities, and Deadlines!

Are you interested in participating on UW's governance and understanding/developing structural reforms? Nominations for graduate students are open for two upcoming vacancies on the [Senate](#). The [call for nominations](#) closes on March 2. Elections will be held in mid-March. Please contact Emily Schroeder at eschroeder@uwaterloo.ca with any questions.

If you are looking for ways to nurture your portfolio of academic activities, consider becoming part of the Graduate Studies Endowment Fund (GSEF) Board and Project Review Committee. This can also help you gain insights on the review of funding applications! Visit the GSEF website or email the [GSEF Co-ordinator](#) for more information.

Develop your professional skills through the [Professional Skills Foundations program](#). Attend the Introductory Workshop organized by the GSPA to complete a skills self-assessment and learn more about how to leverage this program in your career development.

Healthy Body, Healthy Mind

Check-out the variety of resources compiled by the [Student Success Office \(SSO\)](#) to continue supporting students during the challenging time we are living through.

Check out the upcoming meetings of the [Grad Student Community and Conversation Circle](#) to have a space to connect and share with other grad students. Register on [GoSignMeUp](#).

Campus Wellness will be hosting workshops and group therapy virtually again for the Winter 2021 term. The groups and workshops that will be hosted this term include: 1) Zen Out: Learning Mindfulness to Ease Depression, 2) Unhook from Anxiety: Learning Skills to Let Go of Fear and Anxious Thoughts, 3) Mastering Low Mood, Grad Student Community and Conversation Circle, 4) Skills for Safer Living, Alleviating Anxiety. Refer to the [Groups and Workshops](#) page for more information.

Get mental health support when you need it! Check out the various services available to you today via the [Campus Wellness](#) webpage.

Feeling overwhelmed, anxious or like you need to talk to somebody? Contact the University's [Campus Wellness services](#). There are also various community supports available: [K-W Counselling, Here 24/7](#) - 1-844-437-3247, [Good2Talk](#) - 1-866-925-5454, [Crisis Services Canada](#) - 1-833-456-4566 or by text 45645.

Check out the "[Healthy Warriors at Home](#)" page of the Department of Athletics and Recreation's website for information regarding Virtual Personal Training sessions, nutritional tips, and more.

The SAGE executive.

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