

On the "To-Do" List

- The next iteration of our PRES lecture series is taking place on March 25! Join Chris Cameron in a discussion titled "England My England; George Orwell and National Identity."
When: Thursday, Mar. 25, 2021 from 3:30 to 4:30 PM
Where: [Webex Events](#) | Event#: 160 284 7360 | Password: preslecture
- The office of Graduate Studies and Postdoctoral Affairs has designed a multi-day [Professional Skills Conference](#), held over March 15-16 and April 15-16, 2021, to "prepare graduate students and postdocs for careers outside of academia by focusing on key skill areas sought after by employers".
- Join Counselling Services workshop on "[Managing Personal Wellness in a Global Pandemic](#)", on Monday, March 15, 2021 from 2:00 to 4:00 PM. Register to attend through [GoSignMeUp](#).
- English Progress Reports are coming up. The goals for this report, **due April 30, 2021** vary according to your year in the program; consult with your supervisor(s) or Prof. John Savarese (if you do not have a supervisor yet), when in doubt regarding what to address in your report. Please refer to the [website](#) for a sample progress report and CV.

Important Announcements

- If you are interested in navigating solutions to equity-related barriers or learn more about UW's policies, procedures, and practices to address systemic barriers to equity, please take a look at the work of the [Human Rights, Equity and Inclusion](#) office, peruse [resources](#) for yourself or your students, and reach out with questions and concerns to equity@uwaterloo.ca
- Join us on the SAGE discord channel! Get updates easily, talk to others in the program, and speak with the executive team directly: discord.gg/mUdPxJ64SG

Scholarships & Professionalization - Upcoming Events, Opportunities, and Deadlines!

Check out the [FAUW Indigenization Reading Circle](#), on Friday, March 12, 2021 from 11:00AM to 12:00PM.

The W3+ Workshop's proposal submission deadline has been extended to March 15th! W3+ Workshops enable womxn and nonbinary people to share and learn from one another. Presenters will be notified of decisions by May 1. Some examples of proposals include, but are not limited to:

- How to do feminist accounting (or insert any field of study or profession)
- How to practice feminist and/or non-Western praxis or pedagogy
- How to cook an inexpensive vegan/vegetarian meal

Refer to the [Call for proposals here](#) for full details.

Interested in getting involved in student governance? There is an opening for 5 [Board of Directors](#) seats on UW's Graduate Student Association (GSA). The Deadline for nominations is Wednesday March 17, 2021. Refer to the [2021 elections webpage](#) for details.

Are you a Master student with either Canadian citizenship, permanent residency, or someone with refugee status in Canada? Are you interested in learning about Fall 2022 admission to one of over [150+ eligible programs](#) across a variety of faculties at McGill University? Then consider attending the McCall MacBain Scholarships Information Session on March 23 at 2:00 PM ET. Register [here](#).

Healthy Body, Healthy Mind

Check-out the variety of resources compiled by the [Student Success Office \(SSO\)](#) to continue supporting students during the challenging time we are living through.

Check out the upcoming meetings of the [Grad Student Community and Conversation Circle](#) to have a space to connect and share with other grad students. Register on [GoSignMeUp](#). Or, Drop into the Quarantine Warrior's Support Group and share what you've been going through. Join via Zoom, on [Mondays, Wednesdays, and Fridays](#) at 11 a.m. EST and/or [Tuesdays and Thursdays](#) at 3 p.m. EST.

Campus Wellness will be hosting workshops and group therapy virtually again for the Winter 2021 term. The groups and workshops that will be hosted this term include: 1) Zen Out: Learning Mindfulness to Ease Depression, 2) Unhook from Anxiety: Learning Skills to Let Go of Fear and Anxious Thoughts, 3) Mastering Low Mood, Grad Student Community and Conversation Circle, 4) Skills for Safer Living, Alleviating Anxiety. Refer to the [Groups and Workshops](#) page for more information.

Did you know there are Warrior Rec Free Programs available to Students? There is a wide range of free programs available for you to stay active and healthy, including: [Fitness Classes \(On-Demand\)](#), [Health and Mindfulness Webinars](#), [Personalized Nutrition Guides](#), [Personal Training Consultations](#), [Small Group Training](#) and [Warrior Reset](#).

Get mental health support when you need it! Check out the various services available to you today via the [Campus Wellness](#) webpage.

Feeling overwhelmed, anxious or like you need to talk to somebody? Contact the University's [Campus Wellness services](#). There are also various community supports available: [K-W Counselling, Here 24/7](#) - 1-844-437-3247, [Good2Talk](#) - 1-866-925-5454, [Crisis Services Canada](#) - 1-833-456-4566 or by text 45645.

Effective Tuesday, February 16, [Waterloo Region transitioned out of the provincial shutdown](#) and into the Red – Control zone of the province's revised [COVID-19 response framework](#).

The SAGE executive.

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