

On the “To-Do” List

- Join Toben Racicot in the Kickoff of our PRES lecture series and learn about “Optimal/Viable Character Creation Systems” on Thursday, Jan. 28, 2021.
When: Thursday, Jan. 28, 2021 from 3:30 to 4:30 PM
Where: Webex | Event#: 1808282719 | Password: preslecture
- Teaching this term? The Instructor Resources for Student Success is now available on LEARN and it is intended to connect instructors with resources they can easily import into their Learn courses to support students. The content includes videos, workshops, and other resources from academic support units at the University of Waterloo, such as the Office of Academic Integrity, the Student Success Office, and the Writing and Communication Centre. Instructors can self-register, but you can watch [this video](#) to learn more about what is available.
- Join us on the SAGE discord channel! Get updates easily, talk to others in the program, and speak with the executive team directly: discord.gg/mUdPxJ64SG

Profile of the Week: Getting to Know Your SAGE Executives

Sonia Zafar - First Year PhD Representative

Hi everyone! My name is Sonia Zafar. I am your First Year PhD Rep at the Student Association for Graduates in English (SAGE). My role with SAGE is to work with the incoming PhDs to voice our concerns and questions to the SAGE executives. As a first-year PhD student who recently graduated with a Masters, from UWaterloo as well, I am well aware of how stressful the academic environment can be, especially with the changes brought about by the pandemic and online learning, and the various struggles that come from two terms dealing with the current situation while, also, managing my MA thesis.

I regret that we did not get the time to interact and get to know each other during the last term, but I hope we can work together on making this term different. And I hope that we will continue to reach out and support each other during this ongoing pandemic. I am available to assist you with any concerns you would like to share and/or address questions regarding courses, faculty and the department. I am available on email, video/audio chat, phone and even social media (depending on your preference). Wherever you are comfortable communicating, just drop me an email, and we will figure it out accordingly.



Email: sa2zafar@uwaterloo.ca

Scholarships & Professionalization - Upcoming Events, Opportunities, and Deadlines!

The deadline for submitting your abstracts for the University of Toronto's Graduate English Conference: Intimacies/Intimations is Friday **January 15**, 2021. Abstracts of 250-300 words and a brief bio of 50 words (including your pronouns) should be sent to uoftenglishconference2021@gmail.com. Refer to [this link](#) for more information.

The Canadian Association for Commonwealth Literature And Language Studies (CACLALS) has put out a call for proposals for their virtual conference at **Congress 2021**. Proposals are due by **January 15**, 2021. Refer to [CACLALS CFP 2021 Final.pdf](#) for full details.

The revised deadline to [submit a proposal](#) for the 2020 University of Waterloo Teaching and Learning Conference - which was postponed until 2021 due to COVID-19 - is Wednesday, **January 20**, 2021. Proposals aligning with the original theme, as well as those that now meet the revised focus of this call, are welcome. If you have questions about a proposal you submitted to the previous Call for Proposals, please email uwtl@uwaterloo.ca.

Remember to submit your best work from 2020 to the [English Graduate Awards!](#) You can submit work from the Winter, Spring or Fall term. The deadline for submissions is Friday, **January 22**, 2021.

The Academic Readiness Bursary (ARB) is available once again for the winter 2021 term. Expenses related to studying remotely in the winter term, as a result of COVID-19, will be considered, up to a maximum of \$500. The deadline to apply is **January 30**, 2021. Visit the [Graduate Student](#) web pages for further details on eligibility and the application process.

Healthy Body, Healthy Mind

Campus Wellness will be hosting workshops and group therapy virtually again for the Winter 2021 term. The groups and workshops that will be hosted this term include: 1) Zen Out: Learning Mindfulness to Ease Depression, 2) Unhook from Anxiety: Learning Skills to Let Go of Fear and Anxious Thoughts, 3) Mastering Low Mood, Grad Student Community and Conversation Circle, 4) Skills for Safer Living, Alleviating Anxiety. Refer to the [Groups and Workshops](#) page for more information.

Get mental health support when you need it! Check out the various services available to you today via the [Campus Wellness](#) webpage.

Feeling overwhelmed, anxious or like you need to talk to somebody? Contact the University's [Campus Wellness services](#). There are also various community supports available: [K-W Counselling, Here 24/7](#) - 1-844-437-3247, [Good2Talk](#) - 1-866-925-5454, [Crisis Services Canada](#) - 1-833-456-4566 or by text 45645.

Check out the "[Healthy Warriors at Home](#)" page of the Department of Athletics and Recreation's website for information regarding Virtual Personal Training sessions, nutritional tips, and more.

The SAGE executive.

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